Curriculum Vitae

> Personal History

Sure Name: Behnaz

Last name: Torkan

Date of birth: 5 May 1971

Mob: +989133278994

Tel: +9835354058, Mobile Phone: 00989133278994

Email: torkan@khuisf.ac.ir behnaztorkan123@gmail.com

> Intended supervisor At University of British Columbia

Professor Marie Tarrant, Director of School of Nursing

Email address: marie.tarrant@ubc.ca

Educational History

• MSc Degree in Midwifery, Maternal and Child Health (2002-2004)

University: Tarbiat Modares, Medical School, Tehran, Iran.

GPA: 18.4 out of 20

Title of thesis: Comparing postnatal quality of life of mothers with normal delivery and

caesarean section Supervisors:

Health Sciences Research.

Professor Ali Montazeri, Health Metrics Research Center of the Iranian Institute for

Email address: montazeri@acecr.ac.ir

Professor Susan Parsay, Shahid Beheshti University of Medical Sciences

Email address: shizarnahidi@yahoo.com

• BSc Degree in Midwifery (1989-1993)

University: Isfahan University of Medical Sciences, Iran

GPA: 17.27 out of 20

> Professional Experiences

- Faculty Member in School of Nursing and Midwifery, Islamic Azad University, Islamic(Khorasgan) Branch, Iran(2006 till now)
- **Midwifery Instructor in School of Nursing and Midwifery**, Islamic Azad University, Isfahan(Khorasgan) Branch, Iran(2000- 2006)
- Sessional Instructor in School of Nursing and Midwifery, Islamic Azad University, Isfahan(Khorasgan) Branch, Iran(1996-2000)
- **Midwifery Teacher in Human Resource Internship**, School of Nursing and Midwifery, Isfahan University of Medical Sciences, Iran (1993-1996)
- Level of Students: Undergraduate, Graduate
- **Title of Lessons:** Maternal and Child Health, Obstetrics, Gynecology, Principles of Community Health Services, Principles of management in Midwifery, Technical English for Midwifery students, Medical Information Systems, Information Technology.
- **Type of lesson:** Theoretical and Practical courses (in clinics and hospitals)

Executive Positions and appointments (Administrative):

- **Head of Midwifery Department,** Faculty of Nursing and Midwifery, Islamic Azad University, Isfahan(Khorasgan) Branch, Iran (2018 till now)
- Supervisor of Student Research Committee of Medical sciences, Islamic Azad University, Isfahan(Khorasgan) Branch, Iran (2017 till now)
- Responsible for Education Development Office, School of Nursing and Midwifery, Islamic Azad University, Isfahan(Khorasgan) Branch, Iran (2017 till now)
- Responsible for planning and Executing the Practical Courses, Midwifery department, School of Nursing and Midwifery, Isfahan (Khorasgan) Branch of Islamic Azad University, Iran. (2014- 2017 and 2002-2006)
- **Technical Supervisor of Library**, School of Nursing and Midwifery, Isfahan (Khorasgan) Branch of Islamic Azad University, Iran (2011-2013)

> Approved Projects and Proposals

- Modifying Role of water intake on the severity of primary dysmenorrhea, amount and variety of drug consuming, and quality of life among female university students of Islamic Azad University of Isfahan(Khorasgan) Branch, Iran
- o Role: Executor of project, Apr. 2017 to now
- o Institute: Islamic Azad University, Isfahan(Khorasgan) Branch
- Comparing the effect of propolis vaginal cream and metronidazole vaginal gel for treatment of bacterial vaginosis
- o Role: Co-worker, 2013
- o Institute: Islamic Azad University, Isfahan(Khorasgan) Branch
- The effect of childbirth preparation classes on quality of life in pregnant women in referring to Amini Hospital in Langrood
- o Role: (Role: Co-worker, 2013

- o Institute: Islamic Azad University, Tonekabon Branch
- Premenstrual syndrome and child abuse (Role:).
- o Role: Co-worker, 2012
- o Institute: Islamic Azad University, Isfahan(Khorasgan) Branch
- Satisfaction levels about hospital wards' environment among adolescents hospitalized in adult wards vs. pediatric ones
- o Role: Co-worker, **2011**
- o Institute: Islamic Azad University, Isfahan(Khorasgan) Branch
- Knowledge, attitude and practice of women in reproductive ages about family planning methods
- o Role: Executor of project, Apr. 2017 to now
- o Institute: Islamic Azad University, Isfahan(Khorasgan) Branch
- > Published papers
- **Torkan B**, Mahsasadat Mousavi, Samira Dehghani, Leila Hajipour, Narges Sadeghi, Marzieh Ziaei Rad and Ali Montazeri.. The role of water intake in the severity of pain and menstrual distress among females suffering from primary dysmenorrhea: a semi-experimental study. BMC Women Health 2021; 21(40), 1-9.
- Torkan B, Hajipour L, Mousavi MS, Montazeri A, Sadeghi N, Ziaei Rad M, Dehghani S, Ghazanfar pour M. Modifying role of water intake on quality of life among female university students suffering from primary dysmenorrhea. Payesh 2019; 18(5): 497-504.
- Farhadieh A, Sadeghi N, **Torkan B**. Comparison of breastfeeding self-efficacy among mothers of hospitalized and non-hospitalized newborn, during the first week, the first month and the third month in 2018. Journal of Urmia Nursing and Midwifery faculty 2018; 16(12): 914-926.
- Omidfar F, **Torkan B**. Investigating the quality of working life of nurses in social security hospitals of Isfahan city. Pharmacophore, 8(6S) 2017, e-1173027, page 5
- **Torkan B**, Razavi Vanani SM. Investigating the Relationship between Organizational Culture and Quality of Work Life from the Perspective of Nurses Working in the Hospitals of Shahrekord University of Medical Sciences in 2015. Journal of Research Development in Nursing & Midwifery, 2017;13(2): 29-33.
- Hajipour L, Mohtasham Amiri Z, Montazeri A, **Torkan B**. Hosseini Tabaghdehi M. The Effects of Prenatal Classes on the Quality of Life in Pregnant Women. Journal of Holistic Nursing and Midwifery, 2017;27(1)
- Mousavi M, Mannani R, Mottaghi M, **Torkan B**, Afrouzan H. Comparing the effect of propolis vaginalis cream and metronidazole vaginal gel in treatment of bacterial vaginosis, , *J Zanjan Univ Med Sci 2017*, 24(106): 42-50.
- Motaghi M, Davari E, Ziaeirad M, Sadeghi N, **Torkan B**. Maternal Characteristics, Emotional and Physical Abuse of Children, GMP Review 2015, V16(335-339).
- Sadeghi N, Abdeyazdan A, Motaghi M, Ziaei Rad M, **Torkan B.** Satisfaction levels about hospital wards' environment among adolescents hospitalized in adult wards vs. pediatric ones, *Iran J Nurs Midwifery Res* 2012, 17(6): 430-433.
- Ziaeirad M, Ziaei G, Sadeghi N, Motaghi M, **Torkan B**. The effects of enhanced external counterpulsation on health-related quality of life in patients with angina pectoris, *Iran J Nurs Midwifery Res* 2012, 17(1): 41-46.

- **Torkan B**, Parsay S, Lamieian M, Kazemnezhad A, Montazeri A. Postnatal quality of life in women after normal vaginal delivery and caesarean section, *BMC Pregnancy and Childbirth* 2009, 9:4(1-7).
- **Torkan B**, Parsay S, Lamieian M, Kazemnezhad A, Montazeri A. Comparative Analysis of Life Quality in Mothers after Cesarean Section and Normal Vaginal Delivery: Introducing Postnatal Quality of Life Questionnaire, *Iran J Nurs Midwifery Res* 2007,12(1):1-5.
- Montazeri A, **Torkan B**, Omidvari S. The Edinburgh Postnatal Depression Scale (EPDS): translation and validation study of the Iranian version, *BMC Psychiatry* 2007, 7:11(1-6).
- **Torkan B**, Comparing sexual satisfaction between mothers with normal delivery and caesarean section, Medicine and Laboratory Journal, 2010.
- Torkan B, Malaria and pregnancy, Journal of Medicine and Laboratory, 2010.

> Published Books:

- Behnaz Torkan, Zahra Jahahni, Sayed Ali Niji. Principles of management in nursing and midwifery. Isfahan (Khorasgan) Branch of Islamic Azad University, 2021
- **Behnaz Torkan**, Samaneh bakhshi, Zeinab Dadkhahi, Mohadeseh Rezaee, Niloufar Rezaee, Monireh Zarei, Fatemeh Seraji, Mahshad Mazrouee, Mina Mikbakht. *Middle aged women health*. Publication: Isfahan (Khorasgan) Branch of Islamic Azad University, 2020.
- **Behnaz Torkan**, Zahra Jahani, Sayed Ali Naji. Management Workbook: a guideline for management apprenticeship for nursing and midwifery students. Publication: Isfahan(Khorasgan) Branch of Islamic Azad University, 2020.
- (Second Edition) Forouzandeh Dashti, **Behnaz Torkan**. "Gender Selection before pregnancy, Answers to Frequently Asked Questions about Women Health Problems in a simple and Scientific manner", Publication: Isfahan(Khorasgan) Branch of Islamic Azad University, 2018.
- (Second Edition) Forouzandeh Dashti. **Behnaz Torkan** "Sexual Relationship, Answers to Frequently Asked Questions about Women Health Problems in a simple and Scientific manner" Publication: Isfahan(Khorasgan) Branch of Islamic Azad University, 2018.
- Forouzandeh Dashti, Minoo Motaghi, **Behnaz Torkan**. Breast Disorders, Answers to Frequently Asked Questions about Women Health Problems in a simple and Scientific manner, Isfahan(Khorasgan) Branch of Islamic Azad University 2014.
- Forouzandeh Dashti, **Behnaz Torkan**. Menstruation Health, Answers to Frequently Asked Questions about Women Health Problems in a simple and Scientific manner, Isfahan(Khorasgan) Branch of Islamic Azad University, 2009.

➤ Theses supervised or counseled for MSC Nursing Students:

- Comparison of Pregnancy Outcomes between nurses working in Special wards and Public wards in Yasuj University of Medical Sciences Hospitals (supervised).
- Investigating the relationship between male participation in prenatal caregivers with postpartum blues in mothers with hospitalized neonate in Amin Hospital (supervised).

- Reasons for refusal of breastfeeding in infants and its relation to some demographic characteristics of mother and infant among referred to health centers in Isfahan (supervised).
- Factors associated with refusal of breastfeeding among infants referred to health centers of Isfahan 2020 (**supervised**).
- Comparing the behavioral and physiological sings of pain between the first and the second tries of aggressive procedures among hospitalized neonates in Madar Hospital in Ramhormoz in 2017(supervised).
- Comparing the abortion rates among nurses working in chemotherapy and nurses working in other parts of Ahwaz hospitals in 2018 (**counseled**).
- Comparison of self-efficacy of lactation in mothers with a newborn hospitalized in neonatal wards with mothers with healthy newborn in the first week, the first month and third month after delivery in 2017(counseled).
- Quality of life in Cirrhotic patients and its relation to individual characteristics in 2017 (supervised).
- Relationship between nurses' awareness of their job description and job satisfaction among general nurses in government hospitals of Ahvaz in 2015(**supervised**).
- The relation between leadership styles of head nurses and quality of work life of nurses under their supervision in Dr. Gharazi Hospital in Isfahan 2015.(supervised).
- The relationship between emotional intelligence and time management among nurses of medical sciences hospitals in Karaj in 2015. (**supervised**).
- The relationship between nurses' quality of working life and organizational culture in Kashani Hospital in Shahrekord in 2014.(supervised).
- The relationship between general health of nurses and their personal and occupational attributes in Alzahra Hospital in 2014 (counseled).
- An investigation on factors associated with diarrhea in infants during weaning period in hospitals in Kerman in 2013(counseled).
- An investigation on women's need in postpartum period in 2013(counseled).

Accepted and presented papers in Seminars

- Torkan B, Hajipour L, Mousavi MS, Montazeri A, Sadeghi N, Ziaei Rad M, Dehghani S, Ghazanfar pour M. Modifying role of water intake on dysmenorrhea among female university students suffering from primary dysmenorrhea. National Congress on "Health Individual, Family and Society Health Promotion" Isfahan 2019.
- Hajar Ebrahimi, **Behnaz Torkan**, The effect of oral and dental health education on mothers on oral health of children ,National Congress of Pediatric Health Promotion, Mazandaran Medical Sciences University, 2018.
- **Behnaz Torkan,** Hajar Ebrahimi, Maziar Dogohar. "The effect of asthma on dimensions of quality of life among children with asthma" National conference of nursing in cronic diseases .Dehaghan Azad University, Isfahan, Iran, 7th March 2018.
- **Behnaz Torkan**, Mina Nikbakht. "The effect of medicinal plants on primary dysmenorrhea". The 3rd International congress on Health education and promotion, Iran, Isfahan, 23-25 August 2017.

- **Behnaz Torkan,** Homa Orshesh. "The relationship between hemoglobin rate and gestational diabetes". Congress on midwifery in field, Medical University of Isfahan, Iran, 17th May 2017.
- **Behnaz Torkan**, Khadijeh Mokhtari. "Community-based midwife and its improvement role in menopausal women health improvement" University of Rehabilitation Sciences and Social Welfare. Teharan, Iran, 6th March 2017.
- **Behnaz Torkan** and Khadijeh Mokhtari. "The role of holistic midwife in health improvement of menopausal women". The second national conference of health, social welfare and rehabilitation, Isfahan, Iran, 7Th March 2017.
- **Behnaz Torkan,** Mina Nikbakht, Mahsa Esteki. The role of awareness of adolescent and young people in acceptance of Human Papilma Virus Vaccine. National congress of education and health services individual family community, University of Social Welfare and Rehabilitation Sciences, Iran, Isfahan 26th February 2017.
- Sayed Mahdi Razavi Vanani, **Behnaz Torkan**. "The level of quality of work life of nursing personnel in medical sciences on the model of Walton", The 3^{rdi i}nternational conference on management and humanities", Paris-France, 3th December 2016.
- Sayed Mahdi Razavi Vanani, **Behnaz Torkan**. "The relationship between empowerment of nursing staff and hospital organizational management and humanities", The 3^{rdi i}nternational conference on management and humanities", Paris-France, 3th December 2016.
- Sayed Mahdi Razavi Vanani, **Behnaz Torkan**. "The relationship between empowerment of nursing staff and hospital organizational culture dimentions of Shahrekord Medical Science University", The 3rd international conference on management and humanities", Paris-France, 3th December 2016.
- Farideh Mahmoudi, **Behnaz Torkan.** "Relationship of nurses' awareness of their job description with their job satisfaction among general nurses in governmental hospitals of Ahvaz in 2015", The 2nd International conference on Management, Accounting and Economics in Shiraz, Iran, 12 March 2016, Oral presentation.
- Sayed Mahdi Razavi Vanani, **Behnaz Torkan.** "The relationship between nurses' quality of working life and organizational culture in Kashani Hospital in Shahrekord in 2014", 4th Conf on Management and Accounting and 1st Intl. Conference on Entrepreneurship and Open Innovation", Razi Conf. Center, Shiraz, Iran, 29th February 2016, Oral presentation.
- Sayed Mahdi Razavi Vanani, **Behnaz Torkan.** "An investigation on organization culture based on Denison Model in Kashani Hospital in Shahrekord in 2014", 4th Conf on Management and Accounting and 1st Intl. Conference on Entrepreneurship and Open Innovation", Razi Conf. Center, Shiraz, Iran, 29th February 2016, Oral presentation.
- Negar Omidfar, **Behnaz Torkan**, Sayed Ali Naji. "The relation between leadership styles of head nurses and quality of work life of nurses under their supervision in Dr.Gharazi hospital, Esfahan", International Conference on New Ideas in Humanities and Engineering Sciences, Shiraz, Iran, 17 March 2016, Oral presentation.
- Negar Omidfar, **Behnaz Torkan**, Sayed Ali Naji. "Work quality of life of nurses working at Dr.Gharazi Hospital, Isfahan", International Conference on New Ideas in Humanities and Engineering Sciences, Shiraz, Iran, 17 March 2016, Oral presentation.
- <u>Hajipour L</u>, **Torkan B**, Hosseini Tabaghdehi M, Dimension of Empowerment in pregnant women referring to to Tonekabone Health centers in 2013, 1st International conference of Nursing and Midwifery Health and Wellbeing, Isfahan, Iran, 6-9 May 2014.

- Sima Hassanpoor Bagheri, Shayesteh Salehi, **Behnaz Torkan**, Sahar Khoshkesht, "Psychological needs of mothers in postpartum period", The national Congress of Women Health, Isfahan, Iran, 2014, oral Presentation.
- Hakimeh Nasiri, Shayesteh Salehi, **Behnaz Torkan**, "Factors related to weaning", 21th Conference by Nursing and Midwifery Faculty, Khorasgan(Isfahan) Branch, Islamic Azad University, Isfahan, Iran, December 2013. Oral Presentation.
- **Behnaz Torkan**, Shiva Tanhaee, "High risk sexual relationship outcome in adolescence", 21th Conference by Nursing and Midwifery Faculty, Khorasgan(Isfahan) Branch, Islamic Azad University, Isfahan, Iran, December 2013. Poster Presentation.
- Forouzandeh Dashti, Maryam Ostadsharif, **BehnazTorkan**, "Early diagnose of cancer by the smell of abnormal tissue", 21th Conference by Nursing and Midwifery Faculty, Isfahan (Khorasgan) Branch, Islamic Azad University, Iran, December 2013. Oral Presentation.
- Mahsa sadat Mousavi, Reza Mannani, Mohsen Saniee, Hooshang Afrouzan, Minoo Motagh, Behnaz Torkan, "Comparing the effect of propolis vaginal cream and metronidazole vaginal gel for treatment of bacterial vaginosis", 21th Conference by Nursing and Midwifery Faculty, Isfahan (Khorasgan) Branch, Islamic Azad University, Iran, December 2013. Oral Presentation.
- Minoo Motaghi, Mahsa Sadat Mousavi, Farzaneh Roshangaran, **Behnaz Torkan**, Forouzandwh Dashti, An investigation on the rate of child abuse among mothers referd to urban clinics, 21th Conference by Nursing and Midwifery Faculty, Isfahan (Khorasgan) Branch, Islamic Azad University, Iran, December 2013. Oral Presentation.
- **Behnaz Torkan,** Zahra Taghavi, Fatemeh Doremami, "Managing home birth by a community oriented midwife: A strategy to achieve the Mother Friendly Hospitals' aims". 21th Conference by Nursing and Midwifery Faculty, Isfahan (Khorasgan) Branch, Islamic Azad University, Iran, December 2013. Oral Presentation.
- **Behnaz torkan,** Forouzandeh Dashti "Establishment Pregnancy Care Unit as an emergency ward: An effective strategy for reducing maternal mortality and morbidity rate", Annual seminar of Intensive Care. Tehran, Iran,7-9 November 2012.Poster Presentation.
- **Behnaz Torkan**, Shoreh Dadkhah, "Treatment of ovulatory disorders by herbal drugs"1st Conference of fertility and Infertility, Najafabad Branch of Islamic Azad University, Isfahan, Iran, 17-18 October 2012. Poster Presentation.
- **Behnaz Torkan**, Forouzandeh Dashti, Parisa Lalegani, "Recurrent unsuccessful pregnancies in a young woman: A case report", The first Regional Student Conference on Nursing and Midwifery Innovation, Isfahan, Iran, 23-24 May 2012, Oral Presentation.
- Forouzandeh Dashti, Mina Rafiee, **Behnaz Torkan**, Sahar Sadat, Minoo motaghi, "Thermachoice uterine balloon therapy: A new method for outpatient treatment of abnormal uterine bleeding", The first Regional Student Conference on Nursing and Midwifery Innovation, Isfahan, Iran, 23-24 May 2012, Oral Presentation.
- Forouzandeh Dashti, **Behnaz Torkan**, Mina Rafiee, Minoo motaghi, Sahar Sadat, "Introducing a Birth Bag: a proper instrument for empowering a community oriented midwife", ", The first Regional Student Conference on Nursing and Midwifery Innovation, Isfahan, Iran, 23-24 May 2012, Oral Presentation.
- Shekoofeh bakhshinia, Zeinab Rashno, **Behnaz Torkan**, Forouzandeh Dashti, "The relationship of mistreatment of spouse and pregnancy outcome", The first Regional Student Conference on Nursing and Midwifery Innovation, Isfahan, Iran, 23-24 May 2012, Oral Presentation.

- **Behnaz Torkan**, forouzandeh Dashti, Minoo Motaghi. "Malaria and Pregnancy", 4th Iranian Congress of Clinical Microbiology, 9-11 November 2010, Isfahan, Iran. Poster Presentation.
- Forouzandeh Dashti, Minoo Motaghi, **Behnaz Torkan**. "Awareness of a caregiver about principles of behavior in Islam: a client's right", Patients; Rights, The 3rd International Congress on Medical Law, 22-24 Febuary 2011, Tehran, Iran, Poster Presentation.
- **Behnaz Torkan**, Forouzandeh Dashti, Minoo Motaghi, "Knowledge, attitude and practice of women about family planning", The 6th Regional Nursing and Midwifery Conference Focusing on the Latest Topics in Family health", 22-23 December 2010, Isfahan, Iran, Oral Presentation.
- Minoo motaghi, forouzandeh Dashti, **Behnaz Torkan**, "The relationship of sexual abuse in childhood and sexual satisfaction in adulthood", The 6th Regional Nursing and Miwdifery Conference Focusing on the Latest Topics in Family health", 22-23 December 2010, Isfahan, Iran, Oral Presentation.
- Forouzandeh Dashti, Minoo Motaghi, **Behnaz Torkan**, "Artificial Reproductive Technologies in male spinal cord raptured patients as an effective strategy in improving their quality of life", The 6th Regional Nursing and Midwifery Conference Focusing on the Latest Topics in Family health", 22-23 December 2010, Isfahan, Iran, Poster Presentation.
- Minoo Motaghi, Forouzandeh Dashti, **Behnaz Torkan**, "The baby: a neglected aspect of divorcement", The 6th Regional Nursing and Midwifery Conference Focusing on the Latest Topics in Family health", 22-23 December 2010, Isfahan, Iran, Poster Presentation.
- Forouzandeh Dashti, Minoo Motaghi, **Behnaz Torkan**, Mina Rafiee, Zeinab Rahimi, "Dread of the harmful effects of Stellar magnetic field on pregnancy outcome: A Hearsay or truth", The 6th Regional Nursing and Midwifery Conference Focusing on the Latest Topics in Family health", 22-23 December 2010, Isfahan, Iran, Poster Presentation.
- **Behnaz Torkan**, Fatemeh Yarali, "Familial Alport Syndrom: a case report", The 5th Regional Nursing and Midwifery Conference Focusing on the Latest Topics in Family health", 22-23 December 2009, Isfahan, Iran Poster Presentation.
- **Behnaz Torkan**, Arezoo Rezaee, Samira Yazdanpanah, Fatemeh Sohran, "Factors related to primary infertility in women referring to Fertility and Infertility Center in Isfahan", The 5th Regional Nursing and Midwifery Conference Focusing on the Latest Topics in Family health", 22-23 December 2009, Isfahan, Iran, Oral Presentation,.
- **Behnaz Torkan,** Nooshafarin Shafiee, "Polycystic ovarian syndrome among female adolescents", The 5th Regional Nursing and Midwifery Conference Focusing on the Latest Topics in Family health", 22-23 December 2009, Isfahan, Iran, Poster Presentation.
- **Behnaz Torkan**, Arezoo Rezaee, Fatefeh Sohran, "Knowledge, attitude and practice of women about reproductive health", The 64th National Nursing and Midwifery Conference Focusing on the Latest Topics in Family health", 24 December 2008, Poster Presentation. Isfahan, Iran Oral Presentation.
- **Behnaz Torkan,** "Comparing postnatal depression between mothers with normal delivery and caesarean section", 6th International Conference on Obstetrics and Gynecology, 25-29 2005, Tehran, Iran, Oral Presentation.
- **Behnaz Torkan**, "Comparing sexual satisfaction between mothers with normal delivery and caesarean section", 2nd National Congress on Family and Sexual Disorders, 24 November 2005, Tehran, Iran, Oral Presentation.

- **Behnaz Torkan**, Sousan Parsay, Minoor Lamyian, Anoushirvan Kazemnejad, "Introducing Postnatal Quality of Life Questionnaire", 2nd Congress of Client, Contribution and Health, 15- 16 December 2004, Isfahan, Iran, Oral Presentation.
- Behnaz Torkan, Sousan Parsay, Minoor Lamyian, Anoushirvan Kazemnejad, Dr Ali Montazeri, "Quality of life in women with normal delivery and caesarian section", 12th Annual Conference of the International Society for Quality of Life Research, October 19-22 2005, San Francisco, Ca, USA, Poster Presentation.
- **Behnaz Torkan**, Sousan Parsay, Minoor Lamyian, Anoushirvan Kazemnejad, Dr Ali Montazeri, "The Edinburgh Postnatal Depression Scale(EPDS): Translation and Validaton Study of the Iranian Version, 12th Annual Conference of the International Society for Quality of Life Research, October 19-22 2005, San Francisco, Ca, USA, Poster Presentation.

> Professional honors

- I was introduced as an Excellent Professional Teacher, 15 May 2018.
- I was Selected as Top midwife of Isfahan Province in 1993
- I was accepted in Iran's nationwide graduate entrance exam with rank 3 among nearly 1000 applicants, 2002

> Research Interests

- Tele-nursing in perinatal care
- E-health education for women health promotion
- Pain relief in dysmenorrhea
- Stimulation of contraction for childbirth
- Postnatal depression
- Maternal and Child Health
- Traditional treatment in Maternal and Child health

> Skills

- Computer Application Programs: Microsoft Word, Excel, PowerPoint
- Operating System: Windows
- Software: SPSS. Endnote, Mendeley
- Languages:
- o Persian: Native language
- o English: Fluent

> Extracurricular and Volunteering Activities

• Membership in Professional Associations and Societies (May 2016 to now)

Name of association: State Welfare Organization of Isfahan Province, Iran

Addressee: Students at Universities and schools and staffs of organization

Duty: Teaching the strategies to avert disability and handicap to the leaders of the groups as well as students and community

• Hobbies: Sports, Cycling, Yoga, reading, writing, singing

- o I passed Iranian traditional singing courses and recorded some songs in studio
- o I passed professional classes in Persian Calligraphy